

Rod Eyles Squash Academy Junior Squash Camps

▶ Cross Training
▶ Strength & Core Work
▶ Personal Reviews & Feedback

▶ Match Play
▶ Drill Practice
▶ Video Analysis

▶ Technique Correction
▶ Personalised Solo Routine
▶ Match Strategies



Group Discussions Include:

"Joining the Professional Tour" - "How to Make Squash Your Career"

"Goals & Direction" - "Event & Calendar Preparation" - "Gaining Sponsorship"



Here is your chance to be coached by
Former World Champion, Rod Eyles, on
the Gold Coast.

For more information and details contact
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www.squashacademy.com.au